

HOUSING

The first thing to consider after a fire is where you will go and what you will need for a minimum of two days.

- 1) Consider temporary housing options; family, friends, hotel, shelters, American Red Cross assistance, etc.....
- 2) If you have pets where will they go?
- 3) What items do you need immediately; medications, wallets/checkbooks, identification, valuables, important documents, contact numbers, etc....
- 4) Clothing and other fabric items if recoverable should be washed and cleaned immediately due to the contaminates.
- 5) Secure your home. If you are unable to secure your home you may require the services of a third-party company. RFD does not endorse or recommend any specific company.

☐ Temporary housing
☐ Pet care
☐ Medications and prescriptions
☐ Identification, cash, cards and checkbook
☐ Eyeglasses
☐ Clothing
☐ Other essential items
☐ Secure house
 * 1-800-BoardUp: (800) 262-7387
 * SERVPRO: (603) 743-4301
 * Insurcomm: (603)430-7701
 * Other: _____
☐ Clean any items removed from the home
☐ Contact utility companies to disconnect services

WELLNESS

The experience of a fire is traumatic. Everyone experiences trauma in their own way. One person may feel angry while another may withdraw and have difficulty communicating. One person may start the process of rebuilding and one may be still grieving. Some may experience all of these feelings while others refuse to allow emotions to be experienced. The important thing to remember is that whatever you are experiencing is normal. Below are some suggestions to help you cope with the trauma you have experienced.

Primary Care: _____

Counselor: _____

Clergy: _____

CONTACTS

Emergencies: 911

Suicide and Crisis Lifeline: 988

Rochester Fire: (603)335-7545

Rochester Police: (603) 330-7127

Rochester Welfare Dept.: (603) 332-3505

Rochester Share Fund: (603) 335-0011

American Red Cross: (800) 733-2767

Frisbie Hospital: (603) 332-5211

Power Company: _____

Heating Company: _____

Hotel: _____

Other: _____

Other: _____

Other: _____

AFTER THE FIRE



**A Guide To Help
You Through The
First Few Hours**

WHERE TO START

We recognize that a fire can be an emotional and traumatic experience. This pamphlet was designed to assist you through the first crucial steps after a fire occurs.

This is only a guide and does not cover all aspects of what you may need to do nor does it cover all resources that may be available to you.

The most important thing you need to do is to **determine what your temporary housing options will be if you are unable to return to your home. If you are unable to obtain temporary housing notify the Fire Department representative immediately or contact the American Red Cross.**

Residents Names: _____

Pets (Type/#): _____

Property Owner: _____

Phone #: _____

Property Manager: _____

Phone #: _____

INSURANCE

Next you will want to contact the insurance company to report the fire and any losses that you may have incurred. You will also want to obtain a copy of the fire incident report from the Rochester Fire Department.

Fire Dept. Incident #: _____

Date of Fire: _____

Time of Fire: _____

Insurance Company: _____

Insurance Phone #: _____

Insurance Policy #: _____

Items of Value Lost: _____

Notes: _____

RETURNING HOME

Lastly, when you can return to your home you will want to make sure the environment is safe for you to enter and if it can be occupied.

It is likely that your home and your belongings will need to be evaluated and cleaned professionally.

_____ Is it safe to enter the home

_____ Is it safe to occupy the home

_____ Contact a cleaning and abatement company who specialize in fire, smoke and water damage

_____ Clean or replace all exposed clothing and personal items

_____ Do not use electrical appliances that have been exposed to fire, water or other hazardous conditions without being serviced

_____ Clean all furniture to include rugs and carpets

_____ Discard any open, exposed, thawed or contaminated food

_____ All other types of utensils, appliances, and items should be cleaned or replaced

_____ Contact your utility companies to restore services when it is safe to do so

Notes: _____

