Trail Map Inside

Open Year-Round www.mountisinglas.com





























WASTE MANAGEMENT

the GONIC TRAILS at

Recreational Area Mount Isinglas

Inc. & owned by Waste Management of Northern New England (WMNNE). These areas are designed to provide educational and recreational opportu-Mount

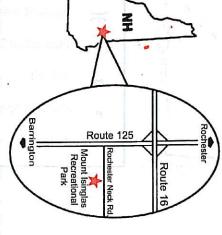
and nature by offering a self-guided tour through the forest. There are three trail loops with numbered signs at various informational locations. The numbered locations correspond to the map and information inside this guide.

The trail system will eventually circle WMNNE's 1200 acre property as part of their Master End Use Plan for the site.

www.mountisinglas.com



1/2 Mile up Rochester Neck Rd., off Rte. 125 in Rochester





The Turnkey Recycling and Environmental

Forest Management

Forest Management

Enterprises (TREE)

Area is a "working" forest, encompassing

Since 1993 it has been carefully managed

for a variety of forest values including: rec-

uses,

reational

the Isinglass River.

along

acres

wildlife habitat, forest ervation, timber products

educational and recreational opportunities for the public. The trails may be used for activities such as hiking, biking, jogging, skiing, snowshoeing and also provide access to the Isinglass River for swimming and fishing. Mount Isinglas Recreational Forest Management and c Trail System are operated and tained by SNAFU Enterprises

The trails provide a mix of education

The first trail named Locke's Loop details some of the history of the area. The second trail, Watson's Way, describes the forest management area and highlights information on the local flora and fauna. The third trail, Luanne's Lane, is a leisurely 7 mile round trip nature walk either beginning at the Gonic Trails parking lot or the Isinglass Park picnic area.

ment harvest was completed on the property. The following year, the property was officially certified as a Tree Farm, joining a system of 90,000 Tree Farms nationwide. The Tree Farms are living examples of

In 1994 a comprehensive forest improve-

well-managed forests and sound forest re-

source use.

Email: mtisinglas@metrocast.net

Rochester, New Hampshire 03867-2707 Phone: 603-335-4001 79 South Main Street #222

For more information regarding the trails, the recreational park, the forest management area or a site tour, please contact Mount Isinglas Recreational Park @ 603-335-4001 or Waste Management of Northern New England @ 603-330-2106.

SNAFU ENTERPRISES Inc.

Alcoholic Beverages

Motorized Vehicles

Overnight Camping



Littering

Hunting

Activities not allowed:

- Cross-Country Skiing
- Snowshoeing
 - Ice Skating
- **Picnicking**
- Swimming
- Fishing Walking
- Biking
- Hiking

year-round.

Activities allowed:

The Recreational Area is open

Waste Management of Northern New England

and disposal since 1979. Permitted as New Hampshire's first lined sanitary landfill, TREE's advanced technology helps to ensure protection of public TREE Facility has been serving residents with environments solid waste management health and the environment. punos State's The

The advanced technology at TREE allows Waste Management to provide a solution to one of the nation's most pressing problems through proper management of solid waste. The TREE facility includes lined refuse disposal areas, a Materials Recovery Facility (MRF), two landfill gas recovery facilities for production of electricity and a leachate treatment facility.

ability for public use. The extensive trail

network previously described serves as the

backbone for recreational activities.

popular feature of the forest is it's avail-

and soil and water protection. health and conservation,

Solid Waste Association of North America's prestigious excellence in Solid Waste Award. This honor recognized TREE's exceptional operation practices state-of-the-art facilities. the received TREE

Over time, the preserves will develop into

old growth forest.

Another unique feature of this working for-

est are the designated preserve areas, which are to be left largely undisturbed.

such as TREE represent one of the most environmentally safe methods of agement. When properly designed, operated and maintained landfill facilities There are five principal methods of continue to remain a necessary component of integrated solid waste manwaste-toreuse, wasıe-וויח Landfills source waste management: duction, recycling, reusenergy and landfilling. waste disposal.

LOCKE'S LOOP **History Trail Loop**

1. Abandoned Home site

This apple tree is a remnant of the Watson Homestead orchard. Just beyond, note the old farm site evidence: house and barn foundations, stonewalls, cattle lane, grown in field, orchard trees. The farm was abandoned in the late 1950"s. The trail lies on an old wood road, probably over 100 years old.

2. Old Crop field

This walled in area, now forested, was abandoned as field land about 55 years ago. In close proximity to the farmhouse, and containing moist soils that were cleared of stones, this area was probably tilled at one time to grow crops. White pine, known as the "old field invader", is typically prominent amongst the vegetation taking over the abandoned fields.

3. Farm "Dump"

The farm "dump" contains old farm implements, glassware, etc. Note the pile of stone cleared from the tilled field. Waste disposal was historically an unregulated, uncontrolled activity, i.e., every farm had its own dump.

4. Granite Quarry

Located about 50 feet north of the trail. Steel star hits were hammered into the granite in order to split off slabs of stone. Finger-sized chinks of the stone remain as evidence of this labor-intensive activity. The stone was used primarily for foundations, as well as doorsteps, fence posts, fitted walls, and bridge & road abutments.

5. Older Forest

The forest in the central portion of the property was once pasture-land. Trees in this area range up to 100 years of age, indicating that the pasture was probably abandoned in the 1800's.

6. Younger "Back" Forest

Located near the former mill site, this field was also abandoned in the 1950's: at the same time the Watson Farm was abandoned. Note how the stonewalls were used to determine the edges of this former field, and what was once surrounding pasture.

7. Abandoned Town Road

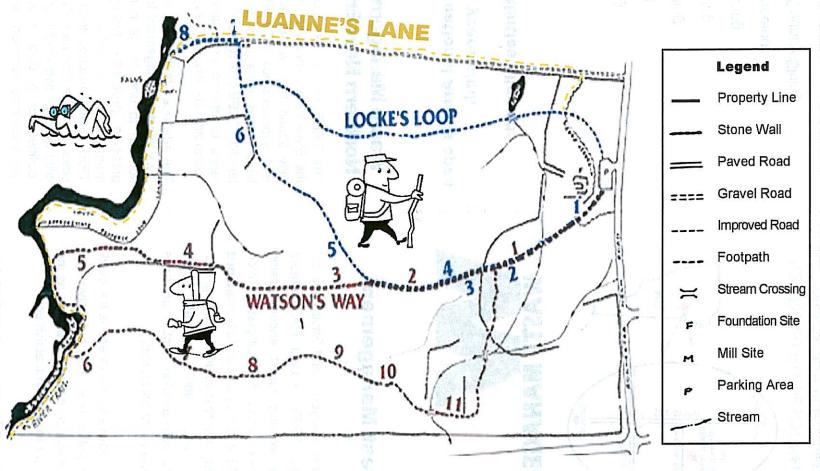
Connecting Barrington's Green Hill area to Rochester Neck, this was a well-traveled road last century. Use of the road was largely discontinued in 1898 when a flood carried away the wooden bridge that crossed the Isinglass River.

8. Mill site

Little remains of what was once a bridge, stone dam, sluiceways, and several mill building. John Locke first erected a sawmill and gristmill at the falls, probably in the 1730's. Several generations of Locke's then ran and improved the mills. As noted in the book, A History of Barrington, NH: "at the height of the mill prosperity, about 1860-1870, a considerable Village developed about the falls". The enlarged mills included a factory for making wooden pails and tubs. Soon after, fire destroyed the mills, and the 1898 Flood swept away what was left. As history quotes: "Now only the beauty of the falls remains: but could the rocks speak, they would tell quite a story".

Local History Trail Loop (Blue Numbers) 1.1+ Miles Forestry Tour Trail Loop (Red Numbers) 1.4+ Miles

Luanne's Lane River Walk (Gold Trail) 7 Mile (round trip)



LUANNE'S LANE River Walk

A leisurely 7-mile round-trip walk starting down the abandoned town road (Locke's Loop #7) to the Isinglass River. Once at the river the trail follows the river bank for approximately 3 miles ending at Isinglass Park. There are picnic facilities and a canoe launch at the park and a radio-controlled airport facility just up the road.

Luanne's Lane connects Locke's Loop and Watson's Way at the river allowing access back to the main entrance from either trail. Near the river's end of the intersection of Watson's Way and Luanne's Lane there is access to Isinglas Drive, which leads back to Mount Isinglas' parking lot. There is also access to the Mount's parking lot further up Watson's way.

WATSON'S WAY Forest Management Loop

1. Young Pine Stand
This area was abandoned as a field in the 1950"s. A 40+ year old white pine, often referred to as "the old field invader", now dominates the new stand. The pine is rapidly increasing in value as timber. In order to maintain high growth rates, poor trees were thinned from the stand in Pruning treatment in 1995 further enhanced the value of future timber.

2. Hardwood/Pine Mix

This older tree stand (60-70+ years) is composed of oak, birch, beech, and maple, with areas of pine. Dead branches and branch tips, especially of the oaks and birch, attest to the detrimental effects of the gypsy moth caterpillar. Management improvement (cutting/thinning in 1994) is aimed at increasing the proportion of pine, and other species less vulnerable to the gypsy moth

3. White Pine Saw timber

Developing from pastureland abandoned in the 1890's, trees in this stand now range about 85 to 100 years of age. This area escaped heavy harvest over the last century. As the existing trees approach maturity, forest treatment is aimed as regenerating the stand as pine. The shelter wood technique is being used (first phase in 1994) in order to maintain the scenic qualities of the stand.

4. Young Pine Stand
40+ year old pine now stocks this former field, which was abandoned in the 1950's. Treatment to improve growth includes a crown thinning (1994). Follow-up pruning (1996) of lower limbs from the first 17 feet of the stems will provide valuable, knot-free lumber in future years. Note the old stone gatepost of the bar way when entering this area. at the bar way when entering this area.

5. Older Growth

Trees in this area also approach 100 years of age. Due to its proximity to the Isinglass River, this area has been designated by the Isinglass River, this area has been designated by the Isinglass River, this area has been designated by the Isinglass River, the Isinglass River, this area has been designated by the Isinglass River, the Isinglas nated as permanently reserved from future logging or forest treatment. In addition to its natural beauty, old growth serves as an important habitat for wildlife.

6. Reserve Area

This steep sloping area is also part of the river buffer to be permanently reserved from future forest treatment. Pine was harvested from this area 50 to 60 years ago. Barring natural disturbance, the area should now develop into older growth.

7. Hemlock Pocket

Hemlock is an important tree for wildlife. Large individual hemlocks, as well as hemlock pockets, as is found on this small knoll, are an important winter habitat component for ruffed grouse and deer. Hemlocks are also attractive to walk through, especially in the winter.

8. Pine/Hardwood Mix
White pine and red oak, both highly desirable timber species, predominant in this area. Red oak is also valuable for wildlife; the accorn is a stable in the diet of many outrage. species. The forestry objective in this area is to encourage the development of healthy, high quality timber over the next 40 to 50 years. Gypsy moth caterpillars, however, will continue to take its toll on the oak.

9. Mid Aged Pine
Unlike adjacent pine areas, this stand averages 75-80 years of age. A crown thinning (1994) freed the straighter, healthier trees from poorly growing competitors. Over time this will become an increasingly valuable saw timber stand.

10. Previous Harvest Pine Stand

Saw timber was partially harvested from this stand around 1970. Note the older stumps, and the dense hardwood sapling growth. Present treatment (shelter wood, phase 2, 1994) was intended partly to release the hardwood, but primarily to promote some pine regeneration. Large pine will be retained well into the future as a seed source.

11. Reserve Area

As with the forest buffer area along the Isinglass River, this stand has been designated to be permanently reserved from any future logging or forest treatment. Nature will take its course on this scenic pocket of century old trees.