

# ***Modern Square Dancing***

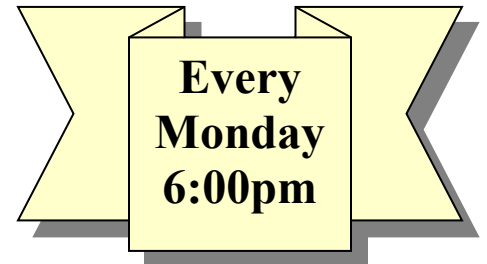
A **Beginners Class** will be held at

First Parish Church, 218 Central Ave., Dover, NH, 03820



**Try it  
February 6<sup>th</sup>**

**This First Session is  
“FREE”**



**Do you like to have fun? Then this is for you! Only \$5 per week. Classes will take place every Monday from 6:00-7:00 p.m. and will build on what is learned in previous weeks.**

Learn this “**Modern**” form of square dancing with modern music and social interaction. Participate in teams of 8. It’s “thinking on your feet dancing” as you execute the choreography – continuously moving to the beat of the music with 7 other people on your dance team.

**No partner needed - No special clothing - No experience needed.**

Even if you think you can’t dance, try this form of team dancing.

Can’t teach an old dog new tricks? Nonsense!

Combine intellectual challenge, *heart healthy* walking exercise, and fun!

Actually grow new brain cells by learning dance movements.

**Sign up not required - just be there on Feb. 6<sup>th</sup>. For further information, contact Priscilla [prar@alrouff.com](mailto:prar@alrouff.com) or at (603) 978-1988.**

**Al Rouff (Dance Leader) is a “CALLERLAB trained” caller.**

**ASCAP/BMI MUSIC LICENSE**

**Hearing Assist Receivers available – as used in courtrooms, churches, etc.**

**Soft Soled Shoes should be worn to protect the floor.**